

Show her it's possible.



PROGRAM
GUIDE

*Join us in breaking
through stereotypes!*

**COURAGE
CONFIDENCE
CHARACTER**

girl scouts



TABLE OF CONTENTS

How to Use this Guide iii

ABOUT CAMP FURY 1

Introduction: About Camp Fury
Who We Are
Founders
History

PROGRAM ELEMENTS 7

Program Description,
Outcomes & Testimonials
Recommendations,
Recruitment & Guest Speakers
Squad Leaders
Scholarships & Awards
Graduation
Sample Schedules
Budget Revenues & Expenses
Spin-offs

PARTNERSHIPS 21

Partners
Partnership Details and
Responsibilities
Around the Nation

MEDIA 25

Television
Social Media

APPENDIX 31

Sample Confirmation Letter
Sample Girl Health History
Girl Scout Camp
Guide Samples
Sample Waivers
Sample Flyers

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MISSION

To provide teenage girls an immersive experience into the lives of women in non-traditional public service careers.

VISION

To increase the number of women in Fire, Emergency Services, and Law Enforcement careers.



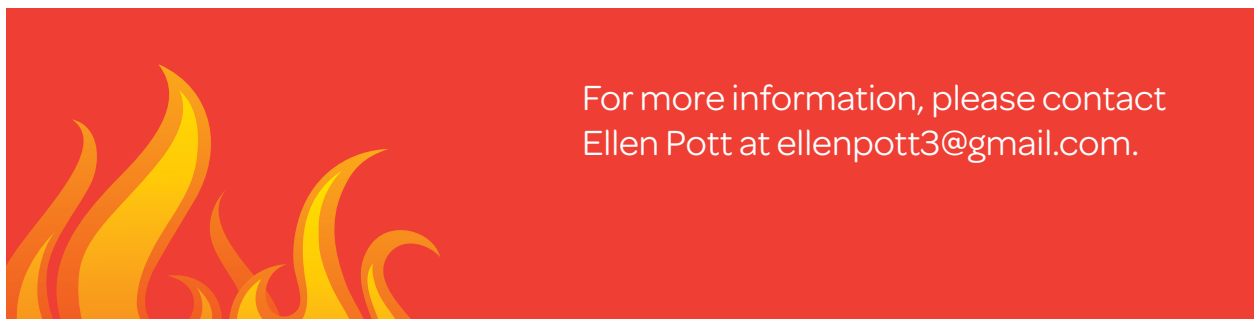


HOW TO USE THIS GUIDE

This guide is designed to walk you through the logistics of hosting a fire and/or law enforcement camp for girls.

The Camp Fury Handbook contains five key sections that help you explore the possibilities and preparations of your own camp. Sections include an Introduction About Camp Fury, Program Elements, Partnerships, and Media. Sample forms and other resources are included in the appendix.

The Camp Fury Team is dedicated to supporting anyone interested in learning more.





INTRODUCTION: ABOUT CAMP FURY



WHO WE ARE

Camp Fury is a collaborative program that provides hands-on activities that promote the development of leadership skills, teamwork, respect, and self-confidence.

PROGRAM GOALS

At Camp Fury, girls train alongside firefighters and law enforcement personnel to learn fire and EMS skills, police tactics and crime scene investigation techniques, and perform physical fitness drills. They meet women who are breaking down barriers and stereotypes in these male-dominated career fields.



FOUNDERS

LAURA BAKER

Laura is Assistant Chief for the Tucson Fire Department (TFD). She has been with TFD since 1994. Laura promoted through the ranks of firefighter, paramedic, captain, deputy chief and assistant chief. She has served as the deputy chief in training, fire prevention, and operations. She is currently responsible for medical administration and safety, fire prevention and public education and the communications center.

Laura received her Bachelor of Science in Business Administration from UC Berkeley in

1992 and received an Associates degree in Para-medicine from Pima Community College in 1997. Laura earned a Master of Science in Fire Service Administration from Arizona State University in December 2004. Laura completed the Executive Fire Officer Program (EFOP) in March 2007.

Laura is Past President for the International Association of Women in Fire and Emergency Services. The mission of the International Association of Women in Fire and Emergency Service (iWomen) is to provide a proactive network that supports, mentors, and educates current and future women in the fire and emergency services. iWomen is dedicated to improving the fire service through the involvement and success of women.



CHERYL HORVATH

Cheryl Horvath is the Fire Chief, Mountain Vista Fire Department in Tucson, Arizona. Cheryl has been in the fire service since 1992, working as a full-time firefighter in Illinois where she served as union president for four years, and as a field instructor for the Illinois Fire Service Institute in live fire, technical rescue, fire ground management, and officer programs. Upon moving to Tucson and accepting a position as a shift battalion chief for NWFD, Cheryl has since served the District in every division chief capacity (Training, Operations, and

Logistics), and is now focusing her efforts on assisting the District strategically, both internally and externally. She is the past President of the Board of Trustees for the International Association of Women in Fire & Emergency



Services and a frequent speaker at local, state, and national conferences in leadership, strategic thinking and fire ground tactics.

As a co-founder of Camp Fury along with Chief Laura Baker from Tucson Fire Department, Cheryl is humbled by the growth of the program and honored to serve beside so many public safety professional women who are dedicated to growing the number of young women in non-traditional occupations. Through the support of the Tucson community Camp Fury is looked upon as a premier program for young women in building Courage, Confidence, and Character.

LAURA BAKER continued

Laura enjoys staying fit and spending time at home with her family. She seeks to find a life of peacefulness and low stress.

CHERYL HORVATH continued

Cheryl is a community volunteer, serving as Vice Chair on the Board of Directors for the Girl Scouts of Southern Arizona and as treasurer on the Board of Directors for the January 8th Memorial Foundation. She was the recipient of the 2010 YWCA Women on the Move Award, for

her service to the greater Tucson community. Cheryl holds a Master’s in Public Administration degree from Anna Maria College; a Bachelor’s of Science degree from the University of Illinois; an Associate’s Degree in Fire Science from Parkland Community College.

Last year Cheryl and her daughter Cai were able to rappel together during Camp Fury, a once in a lifetime experience. Cheryl enjoys playing golf, hiking the beautiful mountains around Tucson, and spending time with friends and family who help her stay grounded in what is most important in life.

HISTORY



that exposes teen girls to careers in firefighting. The initial two and a half day camp included resume building, guest presenters and leadership development in addition to physical fitness training and skill rotation. Participants were outfitted in turnout gear, helmets and gloves for the camp.

girls participated in the program, ranging in age from 13 to 17, and representing high schools across the greater Tucson region with one camper traveling from Flagstaff, Arizona. Women firefighters from Tucson, Northwest, Rincon Valley, Glendale Fire, and Yuma Fire Departments provided the daily skills instruction.

2009

Chief Laura Baker of Tucson Fire Department and Chief Cheryl Horvath of Northwest Fire Rescue District received grant funding in 2009 from the Women’s Foundation of Southern Arizona to facilitate a girl’s fire camp for young women in the community. They created an innovative camp model

2010

In June 2010 the Tucson Fire Department and Northwest Fire Rescue District partnered with the Girl Scouts of Southern Arizona to sponsor a fire camp for high school girls. This innovative four day program highlighted firefighting and emergency service activities and featured guest speakers from non-traditional professions. Twenty-three



2011

In April of 2011, Camp Fury made its debut in Yuma.

Girls in grades 6th through 12th experienced the life of a firefighter in a three-day camp (two half days). Camp Fury-Yuma was facilitated by City of Yuma firefighters in partnership with the Girl Scouts of Southern Arizona and was designed to build team working skills, self-confidence, and respect in the young ladies that attend. It also provides girls an opportunity to experience a career as a firefighter. In addition, the girls learned about being prepared for an emergency and how crucial it is to the community to be prepared.

In June 2011 the Tucson Fire Department and Northwest Fire Rescue District continued their partnership with the Girl Scout of Southern Arizona to sponsor a Camp Fury for the second year. The camp continued the tradition of providing a program filled with firefighting and emergency service activities, featured guest speakers from non-traditional professions, and leadership skills. Fourteen girls participated in the program, ranging in age from 13 to 17, and representing high schools across the greater Tucson region. Women firefighters from Tucson, Northwest, Rincon Valley, Glendale Fire, and Yuma Fire Departments provided the daily skills instruction.



2012

In April 2012, Yuma held their second annual Camp Fury. Girls in grades 6th through 12th experienced the life of a firefighter in a four-day (split over two weekends) camp. The camp continues to provide activities and speakers that allowed girls to explore the fire services as a viable career choice.

In June 2012, eighteen girls throughout Southern Arizona including girls from Wilcox and Hereford attend Camp Fury – Tucson. Now in its fourth year, the camp offerings continue to grow with girls benefitting from increased hands-on activities, demonstrations, and drills. In addition to exercising and training with fire and emergency services professionals, girls don full firefighting gear and jump right in the action themselves. Over the course of the four days girls underwent physical fitness training in addition

to activities including an aerial climb, rappel, bucket brigade, search and rescue drills and water safety. Girls also volunteered their time at the National Fallen Fire Fighters Dinner/Auction.

Two representatives from the Hampton, Va. Fire Department visited Camp Fury in an effort to replicate it in their community.

2013

In April 2013, Yuma held their third annual Camp Fury. Girls in grades 6th through 12th experienced the life of a firefighter in a two-day camp. The camp continues to provide activities and speakers that allowed girls to explore the public services jobs as a viable career choice.

In May 2013, twenty girls throughout Southern Arizona attend Camp Fury – Tucson. Now in its fifth year, the camp offerings continue to grow with girls benefitting from increased hands-on activities, demonstrations, and drills. The team expanded its partnership to include several local law enforcement agencies that added activities such as defensive tactics, crime scene investigation techniques, handcuffing, gun safety, and building clearing.

The camp continues to offer one camper a \$500 Scholarship to Pima Community College from The Greater Tucson Fire Foundation. The team introduced a new scholarship, Girl Scout Leadership Award that is awarded to one camper who exhibits leadership skills at a novice level and is interested in developing those skills for future leadership opportunities.



2014

In January 2014, Yuma held their fourth annual Camp Fury. Girls in grades 6th through 12th experienced the life of a firefighter in a 2 day camp. The camp continues to provide activities and speakers that allowed girls to explore the public services jobs as a viable career choice.

In May 2014, twenty-three girls throughout Southern Arizona attend Camp Fury – Tucson. Now in its sixth year,

the camp offerings continue to grow with girls benefitting from increased hands-on activities, demonstrations, and drills. The team expanded its partnership to include several local law enforcement agencies. Five squad leaders who are past camp participants, ages 18 to 20, served as camp leaders.

Three representatives from the Charlotte Fire Department, Charlotte, NC. visited Camp Fury in an effort to replicate the program in their community.

2015

In April 2015, Yuma held their fifth annual Camp Fury. Girls in grades 6th through 12th experienced the life of a firefighter in a two-day camp. The camp continues to provide activities and speakers that allowed girls to explore the public services jobs as a viable career choice.



In May 2015, twenty-four girls (one from Maine) experienced what it's like to work as first responders, firefighters and public safety personnel. They trained alongside public safety personnel to learn rescue skills, fitness drills and crime scene investigation techniques. Six squad leaders who are past camp participants, ages 18 to 20, served as camp leaders.

The Camp Fury program has become a model for others in the country and a secondary program has been developed in Yuma. Camp Fury has been replicated in Hampton, Virginia and Charlotte, North Carolina, and for the first time a Girl Scout from outside of Arizona will be attending.

Several representatives from the Tempe PD, Mesa PD, Phoenix Fire Department, and Glendale Fire Department visited Camp Fury in an effort to replicate the program in their community.



PROGRAM ELEMENTS



PROGRAM DESCRIPTION AND OUTCOMES

The Camp Fury program is a high adventure, career exploration camp design to engage girls in hands-on activities. The camp also creates a space for women in non-traditional careers to come together and build stronger connections as they share their passion with teen girls.

Outcomes include but are not limited to :

- Stronger sense of self
- Positive values
- Practical life skills
- Critical thinking
- Healthy relationships
- Cooperation and team building
- Conflict resolution
- Deeper connection to their community
- Resourceful problem solvers
- Educated and inspired to act



TESTIMONIALS

Kayline age 15

“So I just finished Camp Fury and it was so much fun. I am so proud of myself because I rappelled down a six story building and climbed up a 70 foot ladder even though I am scared of heights. I did PT every day it was hard and I ran up the six story building but I never gave up can’t wait to do it again next year.”



Kimmie-Su age 14

“This week was challenging and a once in a lifetime experience and I would not have gotten through it without my fellow campers and definitely not without the lovely and amazing instructors I had. Thank you all! I will definitely be coming back for the next three years.”

Kayla age 17, squad leader

“I have never felt more pride or admiration for any group of girls. I was so honored to lead and befriend every single one of you & I’ve come to love each of you dearly. Camp Fury ROCKS!”



Julie Instructor, Tempe PD

Camp Fury, Day 4: “This is Abby, one of the most fearless young women I have ever met! Here, she is repelling off a 7-story building. When I asked if she was nervous, she said ‘A little bit,’ and jumped over the fence to get to it. Abby also climbed up and down the 100-foot ladder. This has been an incredible week of motivation and inspiration, not just for the campers, but for all of us. I am so thankful for the opportunity to be part of such an amazing program and I can’t wait until we host Camp Fury Phoenix!”

RECOMMENDATIONS

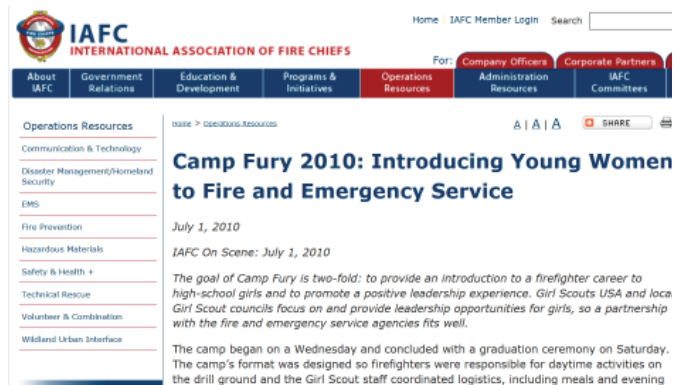
Identify previous campers, young female cadets, trainees, and firefighters to act as squad leaders for a group of no more than 8 campers. Squad leaders undergo basic counseling training with Girl Scout staffers. Squads go through activities together, eat together, and complete KAPERS together.



- Require sports physical for all camp participants
- Show video of camp at ceremony
- Identify dedicated team of volunteers/ staff to prepare camp food
- Hold parent/guardian meeting before camp check-in to gather paperwork and answer questions
- Staff meeting with volunteers, Girl Scout staff, squad leaders before orientation and each morning of camp before breakfast
- Identify dedicated photographer, videographer

RECRUITMENT

- Girl Scouts of Southern Arizona Camp Guide
- Partners' Website and Facebook
- Camp Fury Facebook Page
- Career Day at High Schools
- High School Career Counselors



GUEST SPEAKERS

Throughout the years Camp Fury has engaged many elite women in public service careers to speak to the campers about their journey and professional development. Guest speakers can help to bring more awareness in the community about your program and the work you are doing to increase the number of women in fire, emergency services, and law enforcement.

Guest speakers have included:

- Congresswomen Martha McSally
- Federal Judge Jennifer Zipps
- Arizona State Prison
Warden Theresa Schroeder
- Chief Master Sergeant Dawna Cnota
- Border Patrol Borstar
Agent Lora Thomas
- Phoenix Fire Department
Deputy Chief Shelley Jaimison
- Tucson Fire Department
Assistant Chief Laura Baker
- Tucson Police Department
Assistant Chief Kathleen Robinson
- Tucson Fire Department
Captain Nancy Avery
- Tucson Fire Department
Captain Diana Benson



SQUAD LEADERS

In 2013, the Camp Fury team decided to create the Squad Leader positions at camp in an effort to give returning campers an elevated experience. The Camp Fury team selects campers from the previous year who exhibited strong leadership and communication skills and invites them to take the opportunity to become a Squad Leader.

The Squad Leader position provided a selected group of returning campers to practice the leadership skills they have learned attending Camp Fury previously.

There are four Squad Leaders and one Head Squad Leader. The Head Squad Leader acts as a liaison between the Squad Leaders and the Camp Fury team (staff, instructors, and volunteers).

Squad leaders responsibilities include:

- Maintaining a positive team attitude
- Making sure your team is where they need to be when they need to be there
- Participating in ALL activities with your team. You are a camper too!
- Role modeling proper behavior
- Managing minor conflicts and challenges that arise in the team
- Using your voice to clarify instructions/details
- Ensuring your team takes advantage of “down time” to rehydrate and use the bathrooms
- Ensure your team members’ safety by making sure they follow all rules and procedures, and are wearing proper protective gear provided



SQUAD LEADER TRAINING

GOAL To provide squad leaders with the tools, skills, and confidence for their role at Camp Fury.

OBJECTIVES

- Develop a team atmosphere amongst the squad leaders
- Squad leaders will have a clear understanding of their roles and responsibilities during Camp Fury
- Learn the Principles of Leadership
- Understand how to recognize and act respectfully in challenging situations
- Develop Leadership goals

ACTIVITIES

Icebreaker

Squad Leader Roles and Responsibilities

Team Builders

Principles of Leadership

Reflection



SCHOLARSHIPS & AWARDS

Camp Fury offers one scholarship and two awards each year to campers who have exhibited outstanding leadership, teamwork, respect, and self-confidence.

Throughout camp staff, instructors, volunteers, and squad leaders take note of specific incidences where a camper went above and beyond expectation. In addition, they engage campers in conversation about what they have planned for the future and how Camp Fury will help support their goals.

Typically, the afternoon prior to the last day of camp all staff, instructors, volunteers, and squad leaders gather to discuss and finalize which camper will receive the scholarship and awards. Only one scholarship or award is given to one camper.

The Greater Tucson Fire Foundation honors one of the campers with a **\$500 scholarship** to continue their education in the fire service at Pima Community College. Qualifying candidates exhibit outstanding leadership and teamwork skills, are goal oriented and maintain a positive attitude throughout the camp.



2011 Recipient Kelsey Boelts

2012 Recipient Mariah Albertie

2013 Recipient Victoria Russell

2014 Recipient Junue Ramirez

2015 Recipient Kayla Justesen

The Girl Scout Leadership Award is awarded to one camper who exhibits leadership skills at a novice level and is interested in developing those skills for future leadership opportunities. The recipient of this award receives a free week at Camp Fury the following year.



2013 Recipient Kayla Justesen

2014 Recipient Autumn Vogel

2015 Recipient Jillian Geiser

The Courage, Confidence, Character Award is given to the camper who continually challenged themselves through the entire camp, conquered fear(s), and maintained the principles outlined in the Girl Scout Law—"To be friendly, helpful, considerate, caring, courageous, strong, responsible for what I say and do, respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout."

The recipient of this award receives a Girl Scout t-shirt.

2015 Recipient Abigail Prosnier

GRADUATION

The week's accomplishments are celebrated at a graduation ceremony held at the end of camp.

A venue is secured that is large enough to hold all campers and their families, staff, instructors, volunteers, sponsors, and dignitaries.

At graduation, campers have the opportunity to show the audience what they learned over the last 5 days through Squad Team presentations. The Greater Tucson Fire Foundation Scholarship, Girl Scout Leadership Award, and Courage, Confidence, and Character Award are presented at the graduation ceremony.

The graduation program booklet is a great place to thank those who sponsored and supported camp through money or in-kind donations.



SAMPLE SCHEDULES

One-day sampler with a focus on fire, emergency services, and law enforcement

Day 1	8:00a–8:30a	Instructors, volunteers and staff arrive
	8:30a–9:00a	Camper check-in
	9:00a–9:45a	PT/Team building
	9:45a–10:00a	Break/snack
	10:00a–12:30p	Stations (ladder/hoselines, CSBA, EMS/CO CPR, rappel demo)
	12:30p–1:30p	Lunch (Guest speaker)
	1:30p–2:50p	Defensive Tactic
	2:50p–3:00p	Break/snack
	3:00p–4:30p	Stations (finger printing, blood spatter, interviewing, crime scene photography)
	4:30p–5:15p	Bucket Brigade
	5:15p–5:30p	Pack/clean-up
	5:30p–6:00p	Graduation Ceremony

Weekend with a focus on fire, emergency services, and law enforcement

Day 1	5:00p–5:30p	Instruction, volunteer and staff arrive
	5:30p–6:00p	Camper check-in
	6:00p–6:30p	Welcome, introductions and gear assignments
	6:30p–8:30p	Team building
	8:30p–10:00p	Personal Time
Day 2	8:00a–8:30a	PT
	8:30a–9:30a	Breakfast
	9:30a–10:30a	Panel Discussion (non-traditional careers within Public Service)
	10:30a–12:30a	Stations (ladders/hoseline, SCBA, EMS/CO CPR, rappel demo)
	12:30p–1:30p	Lunch (guest speaker)
	1:30p–2:50p	Defensive tactics
	2:50p–3:00p	Break/snack
	3:00p–4:30p	Stations (finger printing, blood spatter, interviewing, crime scene photography)
	4:30p–5:15p	Bucket Brigade
	5:15p–6:00p	Showers
	6:00p–7:00p	Dinner
	7:00p–8:00p	Evening Activities (optional)
	8:00p–10:00p	Personal time
Day 3	8:00a–8:30a	PT
	8:30a–9:30a	Breakfast
	9:30a–10:30a	Active Shooter Training
	10:30a–11:30a	Compressions Only CPR
	11:30a–12:30p	Lunch (Guest speaker)
	12:30p–3:00p	Active Shooter Scenarios
	3:00p–3:45p	Active Shooter Debrief
	3:45p–4:00p	Break/snack
	4:00p–4:30p	Pack/clean-up
	4:30p–5:00p	Showers
	5:00p–5:30p	Family and friends arrive
	5:30p–6:30p	Graduation Ceremony

MORE SAMPLE SCHEDULES

3-days/2-nights or 4-days/3-nights with focus on fire and emergency services

Day 1	8:00a – 8:15a	Arrive
	8:15a – 9:00a	Welcome & Introductions
	9:00a – 9:30a	Tour and Unpack
	9:30a – 10:00a	PT
	10:00 – 10:15	Break/Snack
	10:15a – 10:45a	Guest speaker
	10:45a – 12:00p	Team Building
	12:00p – 12:30p	Lunch
	12:45p – 3:00p	Stations (Ladders, SCBA, EMS, Hose)
	3:00p – 3:15p	Break/snacks
	3:15p – 4:15p	Bucket Brigade
	4:15p – 5:00p	Shower/personal time
	5:00p – 6:00p	Dinner
	6:00p – 7:00p	Evening programming

Day 2	7:15a – 7:45a	Breakfast
	7:45a – 8:30a	PT
	8:30a – 8:45a	Break/snack
	8:45a – 12:00p	Stations (Aerial, rappel, maze/dummy drag, ropes)
	12:00p – 12:30p	Lunch
	12:30p – 2:00p	Stations (Aerial, rappel, maze/dummy drag, ropes)
	2:00p – 3:00p	Fire Extinguisher
	3:00p – 4:30p	CPAT Orientation and walk-through
	4:30p – 5:00p	Showers/personal time
	5:00p – 6:00p	Dinner
	6:00p – 7:00p	Evening Activities (optional)

Day 3	7:00a – 7:30a	Breakfast
	7:30a – 8:15a	PT
	8:15a – 8:30a	Break/snack
	8:30a – 9:30a	Guest Speaker
	9:30a – 10:30a	Work on graduation presentations
	10:30a – 12:00p	Mud Bog
	12:00p – 12:15p	Clean-up
	12:15p – 12:45p	Lunch
		Travel to Hacienda
	2:00p – 3:00p	Water Safety (Captain Benson)
	3:00p – 4:45p	Pool time
	5:00p – 6:00p	Dinner
	6:00p – 7:30p	Evening Activities OR Graduation Ceremony

Day 4	7:00a – 7:30a	Breakfast
	7:30a – 8:00a	Pack/clean up
	8:00a – 8:45a	PT
	9:00a – 11:00a	CPAT
	11:00a – 11:30a	Prepare for graduation
	11:30a – 12:00p	Lunch
	12:00p – 1:00p	Family Arrives/tours
	1:00p – 2:00p	Graduation Ceremony



5-day/4-night with a focus on fire, emergency services, and law enforcement

Day 1	7:00a – 7:30a	Instructors, volunteers, and staff arrive	Day 3	6:00a – 7:45a	Breakfast/Travel
	7:30a – 8:15a	Camper Check-in		8:00a – 8:30a	PT
	8:15a – 8:45a	Welcome & Introductions		8:30a – 9:00a	Break/snack Guest Speaker
	8:45a – 9:30a	Tour and gear assignment		9:00a – 12:00p	Stations (aerial climb, rappel, maze/dumb drag, EMS/first aid)
	9:30a – 10:00a	PT		12:00p – 1:00p	Lunch
	10:00 – 10:15	Break/Snack		1:00p – 4:00p	Stations (aerial climb, rappel, maze/dumb drag, EMS/first aid)
	10:15a – 12:00p	Team Building		4:00p – 5:00p	Showers/personal time
	12:00p – 12:30p	Lunch (guest speaker)		5:00p – 5:30p	Travel to Fire Central (dinner and tour)
	12:45p – 4:15p	Stations (ladders/hoselines, SCBA, EMS, rappel demo)		5:30p – 7:30p	Dinner and Tour
	4:15p – 4:45p	Break/snacks		7:30p – 8:00p	Travel to Hacienda
	4:45p – 5:30p	Bucket Brigade		8:00p – 10:00p	Work on graduation presentation
	5:30p – 6:00p	Travel to Hacienda	Day 4	6:00a – 7:15a	Breakfast/travel
	6:00p – 7:00p	Dinner		7:15a – 8:15a	PT
	7:00p – 9:00p	Swimming, showers, personal time		8:15a – 8:30a	Break/snack
Day 2	6:00a – 7:45a	Breakfast/travel		8:30a – 10:00a	Driving track
	7:45a – 8:15a	PT		10:00a – 12:00p	Stations (handcuffing, building clearing 1, building clearing 2, fire arm discipline & Shoot/Don't Shoot decision making)
	8:15a – 8:30a	Break/snack		12:00p – 1:00p	Lunch (Guest Speaker)
	8:30a – 9:30a	Hoselines		1:00p – 1:30p	Active Shooter Response training
	9:30a – 10:15a	Hoseline relay		1:30p – 4:00p	Active Shooter Scenarios
	10:15a – 10:30a	Break/snack		4:00p – 5:00p	Active Shooter Debrief
	10:30a – 12:00p	Defensive Tactics		5:00p – 5:30p	Pack/clean up Public Safety Academy
	12:00p – 1:00p	Lunch (guest speaker)		5:30p – 6:00p	Travel to Hacienda
	1:00p – 4:30p	Stations (finger printing, blood spatter, interviewing, crime scene photography)		6:00p – 8:00p	Dinner and swimming
	4:30p – 5:30p	Dinner		8:00p – 9:00p	Shower/personal time
	5:30p – 8:30p	Sponsor Night (Border Patrol horses and ATV, K-9 Unit, Bomb Unit, Search & Rescue helicopter, SWAT)		9:00p – 10:00p	Work on graduation presentations
	8:30p – 9:00p	Travel to Hacienda			
	9:00p – 10:00p	Shower/personal time			



5-day/4-night with a focus on fire, emergency services, and law enforcement

Day 1	7:00a – 7:30a	Instructors, volunteers, and staff arrive
	7:30a – 8:15a	Camper Check-in
	8:15a – 8:45a	Welcome & Introductions
	8:45a – 9:30a	Tour and gear assignment
	9:30a – 10:00a	PT
	10:00 – 10:15	Break/Snack
	10:15a – 12:00p	Team Building
	12:00p – 12:30p	Lunch (guest speaker)
	12:45p – 4:15p	Stations (ladders/hoselines, SCBA, EMS, rappel demo)
	4:15p – 4:45p	Break/snacks
	4:45p – 5:30p	Bucket Brigade
	5:30p – 6:00p	Travel to Hacienda
	6:00p – 7:00p	Dinner
	7:00p – 9:00p	Swimming, Showers, personal time

Day 2	6:00a – 7:45a	Breakfast/travel
	7:45a – 8:15a	PT
	8:15a – 8:30a	Break/snack
	8:30a – 9:30a	Hoselines
	9:30a – 10:15a	Hoseline relay
	10:15a – 10:30a	Break/snack
	10:30a – 12:00p	Defensive Tactics
	12:00p – 1:00p	Lunch (guest speaker)
	1:00p – 4:30p	Stations (finger printing, blood spatter, interviewing, crime scene photography)
	4:30p – 5:30p	Dinner
	5:30p – 8:30p	Sponsor Night (Border Patrol horses and ATV, K-9 Unit, Bomb Unit, Search & Rescue helicopter, SWAT)
	8:30p – 9:00p	Travel to Hacienda
	9:00p – 10:00p	Shower/personal time

Day 3	6:00a – 7:45a	Breakfast/Travel
	8:00a – 8:30a	PT
	8:30a – 9:00a	Break/snack Guest Speaker
	9:00a – 12:00p	Stations (aerial climb, rappel, maze/dumb drag, EMS/first aid)
	12:00p – 1:00p	Lunch
	1:00p – 4:00p	Stations (aerial climb, rappel, maze/dumb drag, EMS/first aid)
	4:00p – 5:00p	Showers/personal time
	5:00p – 5:30p	Travel to Fire Central (dinner and tour)
	5:30p – 7:30p	Dinner and Tour
	7:30p – 8:00p	Travel to Hacienda
	8:00p – 10:00p	Work on graduation presentation

Day 4	6:00a – 7:15a	Breakfast/travel
	7:15a – 8:15a	PT
	8:15a – 8:30a	Break/snack
	8:30a – 10:00a	Driving track
	10:00a – 12:00p	Stations (handcuffing, building clearing 1, building clearing 2, fire arm discipline & Shoot/Don't Shoot decision making)
	12:00p – 1:00p	Lunch (Guest Speaker)
	1:00p – 1:30p	Active Shooter Response training
	1:30p – 4:00p	Active Shooter Scenarios
	4:00p – 5:00p	Active Shooter Debrief
	5:00p – 5:30p	Pack/clean up Public Safety Academy
	5:30p – 6:00p	Travel to Hacienda
	6:00p – 8:00p	Dinner and swimming
	8:00p – 9:00p	Shower/personal time
	9:00p – 10:00p	Work on graduation presentations

Day 5	8:00a – 8:30a	PT
	8:30a – 8:45a	Break/snack
	8:45a – 10:00a	Pack/clean up
	10:00a – 11:30a	Breakfast
	11:30a – 1:00a	Showers
	1:00p – 1:30p	Travel to graduation ceremony
	1:30p – 2:00p	Family & friends arrive
	2:00p – 3:30p	Graduation ceremony



BUDGET REVENUES & EXPENSES

POTENTIAL REVENUES

- Program fees
- Grants
- Partner sponsorship
- Corporate/organization sponsorship
- Individual sponsorships
- Annual camperships

POTENTIAL IN-KIND DONATIONS

- Training facilities
- Instructors time
- Gear & equipment rental
- Food, Drinks
- Graduation gifts such as books, rape whistles, flashlights.

POTENTIAL DISCOUNTS

- Meals
- Pins (order bulk with other cities to help lower cost)
- Venue for graduation ceremony



POTENTIAL EXPENSES PER GIRL

- Housing\$40
- Food.....\$85
- T-shirts.....\$12
- Shorts\$4
- Water bottles\$3
- Pin\$1.50
- Coin\$9
- Equipment & Supplies ..\$40
- Additional Insurance....\$3.50

OTHER EXPENSES TO CONSIDER

- Additional t-shirts as thank you gifts to speakers, instructors, sponsors, volunteers and staff
- Food for instructors, volunteers, and staff
- Additional pins as thank you gifts to speakers, instructors, sponsors, volunteers and staff
- Transportation
- Salaries
- Graphics
- Print



SPIN-OFFS:

CATCHING FURY | CAMP FURY EXECUTIVES

Catching Fury

In 2013, the Camp Fury team facilitated a one-day Camp Fury Sampler for middle school girls (ages 11–13) called Catching Fury. Catching Fury provided middle school girls with the opportunity to gear-up and experience hands-on fire, emergency services, and law enforcement activities. Activities include ladders, hoselines, rappelling, compressions only CPR, fingerprinting, evidence collection, and blood spatter patterns.



Girls begin to understand the ranking systems of squad, squad leader, and instructor. Squad Leaders are Camp Fury campers who are given the opportunity to practice the leadership skills they learned at Camp Fury.

Objectives

- Learn leadership skills and team building
- Gain courage, confidence, and character
- Recruit future Camp Fury Campers
- Provide Camp Fury campers with the opportunity to practice leadership skills taught at Camp Fury

Camp Fury Executives

Camp Fury Executives is an extension of the Camp Fury Leadership Camp designed to further develop a young woman's potential to pursue careers and leadership roles in public service and non-traditional occupations. Teen girls and young women, ages 17 (or entering junior year of High School) and under 21, who have previously attended Camp Fury will be eligible to attend. The 3 day/2 night program offers up-and-coming young women the tools and skills needed to pursue opportunities in non-traditional careers through professional writing, presentation, and public speaking. A commitment to promoting the Camp Fury/Catching Fury Programs in the community is a final requirement.



Objectives

- Develop professional writing skills
- Practice public speaking and oration skills.
- Develop self and group presentation skills
- Promote the Camp Fury Program to the community.

PARTNERSHIPS



Over the years Camp Fury has become a collection of diverse women representing multiple agencies in Southern Arizona.



The following is a list of partnerships (past & present):

- Girl Scouts of Southern Arizona
- Tucson Fire Department
- Northwest Fire District
- Tucson Police Department
- Pima County Sheriff's Department
- Oro Valley Police Department
- Marana Police Department
- Golder Ranch Fire District
- University of Arizona Police Department
- Pima Community College Police Department
- United States Border Patrol
- Fenton Fire Department
- Tempe Police Department
- Phoenix Fire Department
- Peoria Fire Department
- Charlotte Fire Department
- Mesa Police Department

girl scouts
of southern arizona



PARTNERSHIP DETAILS AND RESPONSIBILITIES

FIRE AND LAW ENFORCEMENT DEPARTMENTS

- Secure female firefighter and law enforcement volunteers for camp experience
- Provide logos for marketing materials
- Plan fire-fighting and law enforcement activities and logistics (see schedule for sample ideas)
- Arrange for property use (if held at fire station, training facility)
- Secure turn-out gear, training equipment (possible grant funding)
- Market camp on websites, at recruitments etc.
- Work with council contacts for media coverage
- Work with council to secure guest speakers from non-traditional careers
- Seek donor funding for scholarships
- Consider placing 2 firefighters on a 40 hour schedule 2 weeks prior to program

GIRL SCOUT COUNCIL

- Creates marketing brochures, registration forms
- Handles all registration administration details (Girl Scout forms, health forms, waivers, confirmation letters, scholarships)
- Background checks, register all fire volunteers
- Plan and facilitate evening programming
- Work directly with fire departments and police to plan program activities
- Act as camp host during camp & works with partners to secure accommodations
- Ensure Safety-Wise and insurance guidelines are followed
- Assist with recruiting/training volunteers
- Secure donor funding for scholarships
- Recruit camp participants from membership as well as non-members
- Work with fire and police department contacts to secure guest speakers
- Order t-shirts, shorts, water bottles etc.
- Plan meals, snacks for duration of camp
- Add public safety training facility to council insurance liability policy
- Work with fire and police department contacts for media coverage
- Secured transportation (if necessary)

AROUND THE NATION

Our vision for Camp Fury is to increase the number of women in fire, emergency service, and law enforcement.

Our hope is that every girl in every city will have the opportunity to attend a fire, emergency services, and law enforcement camp.

Camp Fury has had several fire, emergency service, and law enforcement personnel from around the nation observe the camp. This allows them to see what we do and ask questions. From their experiences they are able to create their own camp for girls.

In 2010, **YUMA, ARIZONA** held their first fire camp for girls.

In 2014, **HAMPTON, VIRGINIA** held their first fire camp for girls.

In 2015, **CHARLOTTE, NORTH CAROLINA** held their first fire camp for girls.

In 2016, **MESA, ARIZONA** held their first fire camp for girls.







PRESS RELEASE SAMPLES



For more information, contact:
Evan Sullivan, Strongpoint Marketing
Evan.sullivan@strongpointmarketing.com
PH: 520-795-1566; MOBILE: 513-312-1530

Camp Fury Empowers Young Girls to Pursue Dreams in Law Enforcement and Fire Fighting Careers

Unique Girl Scout Summer Camp Runs May 26- May 30

Tucson, AZ (May 20, 2015)— This summer, 24 girls (23 from across Arizona and one from Maine) will experience what it's like to work as first responders, firefighters and public safety personnel at Girl Scout of Southern Arizona's annual Camp Fury.

The Girl Scouts of Southern Arizona will offer a comprehensive, fun, hands-on look at law enforcement and firefighting to southern Arizona girls in partnership with Tucson Fire Department, Tucson Police Department, Northwest Fire District, Pima County Sheriff's Department, Border Patrol, University of Arizona Police Department, Pima Community College Police Department and Marana Police Department.

Camp Fury is a five-day, four-night experience for girls, ages 15 to 17. They will train alongside public safety personnel to learn rescue skills, fitness drills and crime scene investigation techniques. Founded in 2009, by Assistant Chief of Tucson Fire Laura Baker and Northwest Fire District Chief Cheryl Horvath, Camp Fury was developed to introduce local girls to a career in firefighting while encouraging leadership and physical fitness.

"Camp Fury empowers girls to look into nontraditional jobs and know the sky is really the limit and there is nothing they can't do," said Debbie Rich, Chief Executive Officer, Girl Scouts of Southern Arizona. "At Girl Scouts we build girls of courage, character and confidence. We are proud of programs like Camp Fury that offer the encouragement our girls need to pursue their dreams. These girls are learning through hands-on experiences and through the mentorship of women in these fields that are traditionally male-dominated."

From Tuesday, May 26 through Saturday, May 30, 2015, girls will receive training from officers and firefighters from multiple law enforcement and fire and emergency service agencies. The girls will also get firsthand experience with search and rescue techniques like rappelling, aerial climbing and how to work a fire hose.

The girls will be led by six squad leaders who are past camp participants, ages 18 to 20, currently registered to participate in this summer's session. The week will end with a recognition ceremony to commemorate the successful completion of the training.

The Camp Fury program has become a model for others in the country and a secondary program has been developed in Yuma. Camp Fury has been replicated in Hampton, Virginia and Charlotte, North Carolina, and for the first time a Girl Scout from outside of Arizona will be attending.

Special thanks to the organizations participating: Tucson Fire Department, Tucson Police Department, Northwest Fire District, Pima County Sheriff's Department, Border Patrol, University of Arizona Police Department, Pima Community College Police Department and Marana Police Department.



CITY OF TUCSON

NEWS RELEASE

Contact: Michael Graham
Public Information Officer
(520) 837-6686
michael.graham@tucsonaz.gov

Date: May 14, 2013
TDD: 791-2639

THE CITY OF TUCSON IS PROUD TO PARTNER WITH THE GIRL SCOUTS OF SOUTHERN ARIZONA FOR CAMP FURY

The Tucson Fire Department and Tucson Police Department are pleased to partner with the Girl Scouts of Southern Arizona and the Northwest Fire Department for the 5th annual Camp Fury, which runs from Tuesday, May 28, 2013 through Saturday, June 1, 2013.

Camp Fury is a five-day, four-night experience where girls 15 to 17 years-old train alongside public safety personnel to learn rescue skills, fitness drills, and crime scene investigation techniques. The week ends with a recognition ceremony acknowledging the participants' achievements.

Camp Fury was founded by Deputy Chief Laura Baker and Northwest Fire Department Division Chief Cheryl Horvath to introduce local girls to a career in firefighting while encouraging leadership and physical fitness.

"The fire service has 3.7 percent of women in firefighting positions nationally, we want to open those doors and educate the community," says Deputy Chief Baker. "Camp Fury empowers girls to look at nontraditional jobs and helps build the confidence and helps them believe, 'I can do that.'"

Earlier this year, Tucson Mayor Jonathan Rothschild presented Camp Fury alumni Erika Yee with the title of Outstanding Citizen of Tucson. Erika was able to use the Continuous-Chest-Compression CPR that she learned at camp to save the life of her schoolmate when he collapsed after band practice with sudden cardiac arrest.

Scholarships are available for Camp Fury. More information on the program can be found at <http://www.girlscoutsoaz.org/camp/resident-camp/>

###



Girl Scout Uses Camp Skills to Save Band Mate

The day started like any other school day for Erika Yee, a junior at University High School in Tucson. Erika and her band-section mates were enjoying dinner on the school grounds before band practice would start. In the middle of dinner, however, her band mate, Chris Miller, suddenly collapsed onto the floor. This is when Erika, who learned compression-only CPR at the Girl Scout's Camp Fury, jumped into action.

"They shouted out asking if anyone knew how to resuscitate someone. None of the adults or students in the room knew, so I acted on impulse and took control," explained Erika. She immediately began applying compressions to Chris. According to Erika, the three minutes it took for the ambulances to arrive "felt like 20 minutes, and I kept worrying that I would lose him because he was fading in and out."

Thanks to Erika's quick response and the swift arrival of paramedics, Chris' breathing returned and he was transported to the hospital.

Erika received this important training at Camp Fury, the annual fire-fighting camp organized by Northwest Fire Department, Tucson Fire Department and Girl Scouts of Southern Arizona. Melissa Ludgate, then a health education assistant at the UA Sarver Heart Center, was invited to teach these lifesaving skills. "My experience at Camp Fury in particular, was the first that jumped to my memory in order to help Chris. I believe everyone should learn how to do compression-only CPR," Erika urges.



Chris Miller, cardiac arrest survivor, and Erika Yee, his bandmate and rescuer, were reunited with Melissa Ludgate, who trained Erika at Camp Fury. Erika received a "Copper Letter" in honor of her heroic act from Tucson Mayor Jonathan Rothschild.

"It's very rewarding to know that the information I conveyed to someone led to lifesaving action in this case. I've used this story to tell other medical students how important our education and outreach activities are when it comes to the REACT [Resuscitation Education And CPR Training] Group," said Ludgate, who is now a medical student at the UA College of Medicine – Tucson and president of the REACT Group.

Resources for responding in the event of sudden cardiac arrest are available free on the UA Sarver Heart Center website: heart.arizona.edu/learn-cpr ♥



There is a lot of value in introducing interested children to the rewards of a career in corrections. ASPC-Tucson staff have been doing that recently.



Camp Fury Women in Corrections

Story provided by AA III Vince Neil / ASPC-Tucson

On May 28, 2014, Warden Therese Schroeder, DW Dionne Martinez, K9 Officer Pamela Morlock and SSU Officer Angela Dunagan presented “Women in Corrections: a Non-Traditional Career for Women” to Girl Scouts at Camp Fury.

Camp Fury is a weeklong over-night camp for 30 Girl Scouts aged 15-17 held at the Southern Arizona Law Enforcement Training Academy. The girls train alongside our public safety partners, including Tucson Fire, Tucson Police and Oro Valley Police, to learn search and rescue skills, crime scene investigation techniques and perform physical fitness drills.

Our staff discussed Corrections and specifically their jobs as they related to women who are breaking down barriers and stereotypes in male-dominated career fields. As a treat, K9 Officer Morlock had along K9 Carrie, one of Tucson’s Chase hounds, who was a real hit and the girls adored. Though it was obvious Carrie adored them even more!



2015 CAMP FURY TUCSON MEDIA COVERAGE



KVOA 4

<http://www.kvoa.com/story/29184935/camp-fury-heats-up-its-seventh-year>

#.VWfSfB04Dw4.facebook



KGUN 9

<http://social.newsinc.com/media/json/69017/29151702/singleVideoOG.html?type=VideoPlayer%2F16x9&trackingGroup=69017&videoid=29151702>

#.VWx6ga7dWKM.facebook



TUCSON NEWS NOW

<http://www.tucsonnewsnow.com/story/29165829/camp-fury-inspires-girls-to-have-careers-in-law-enforcement-and-fire-fighting-careers>

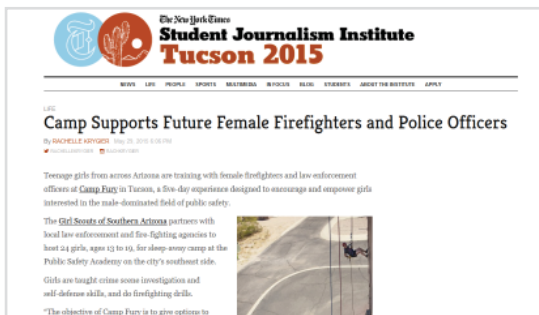
#.VWbAXV4ZVak.facebook



ARIZONA DAILY STAR

http://tucson.com/gallery/news/blogs/photo_blog/photos-camp-fury/collection_9c6caba4-0669-11e5-ae65-436900ef483d.html

#0



NEW YORK TIMES STUDENT EDITION

<http://tucson15.nytimes-institute.com/2015/05/29/camp-supports-future-female-firefighters-and-police-officers/>

CAMP FURY VIDEOS

2015 Graduation Video

<https://www.youtube.com/watch?v=m7N6QPaaHT8>



2014 Graduation Video

<https://www.youtube.com/watch?v=oFB8HNvM4v0>



APPENDIX



SAMPLE CONFIRMATION PACKET

Dear Camp Fury Camper,

Congratulations and Welcome! Your application for the Camp Fury (Year) has been accepted. Camp dates are (dates). Orientation will be held at the (Facility name and address) on (day and time). Please be sure to bring your signed Camp Fury Waiver of liability form with you, in addition to your health history.

Campers should be dropped off at (location and time). We will be starting promptly at (time).

Participants will need to bring:

- Sleeping bag and pillow
- Athletic shoes for running and physical fitness training
- Medications (if any) (additional form to complete at check in)
- Bathing suit
- 1-2 towels
- Toiletries (deodorant, feminine hygiene, shampoo etc.)
- 3 t-shirts
- 2-3pairs of athletic short
- 1 pair of denim jeans (no holes)
- Sweatshirt
- 3-4 pairs of athletic socks
- Sleepwear- shorts or sweats and t-shirt
- Hair bands or accessories to tie back long hair (for safety)
- Non-mandatory items you may want to bring:
- Disposable camera
- Shower shoes

Participants will have access to shower facilities; however there will be time limits to coordinate all campers.

Family and friends are invited to Camp Graduation on (date and time). Graduation will be held at (location and address).

If you have any questions, please contact (name, email of all contacts)

Best,

SAMPLE GIRL HEALTH HISTORY

Girl Scouts of [Council Name]

Health History and Medical Examination Form for Minors

Health History: The more complete information you provide, the better we are able to work with your child to ensure she receives the care she needs.

Medical Examination: A medical examination is completed for trips lasting more than three nights. The examination is completed by a licensed physician, nurse practitioner, physician's assistant or registered nurse within the preceding 24 months unless a health issue is present.

Please type or write clearly and legibly.

Name of Minor: (Last, First, Middle Initial)	Date of Birth: (xx/xx/xxxx)		
Address:	City:	St:	Zip:
Parent or Guardian:	Phone:	Alternate Phone:	
Parent or Guardian:	Phone:	Alternate Phone:	

Emergency Contact Information (parent/guardian):

Emergency Contact:	Relationship:
Phone:	Alternate Phone:

Health Insurance Information (Family insurance is primary insurance in case of accident or illness, Girl Scout insurance is secondary.)

Policy Holder's Name:	Policy Number:
Insurance Company Name:	Group Number:
Insurance Company Address:	Insurance Company Phone:

Check all that apply and explain in detail checked answers:

<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Sleep disturbances
<input type="checkbox"/>	Heart Defects/Disease	<input type="checkbox"/>	Fainting
<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Bed wetting
<input type="checkbox"/>	Ear Infections	<input type="checkbox"/>	Constipation
<input type="checkbox"/>	Musculoskeletal Disorders	<input type="checkbox"/>	Chicken Pox
<input type="checkbox"/>	Convulsions/Epilepsy/Seizures	<input type="checkbox"/>	Measles
<input type="checkbox"/>	Sinusitis (Sinus Infections)	<input type="checkbox"/>	German Measles
<input type="checkbox"/>	Physical Restrictions	<input type="checkbox"/>	Mumps
<input type="checkbox"/>	Kidney/bladder illness	<input type="checkbox"/>	Rheumatic Fever
<input type="checkbox"/>	Mental/psychological disorder	<input type="checkbox"/>	Tuberculosis
<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	Kidney Disease
<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	Eating Disorders (Anorexia, Bulimia, etc.)
<input type="checkbox"/>	Nosebleeds	<input type="checkbox"/>	Headaches/Migraines
<input type="checkbox"/>	Has begun menstruation	<input type="checkbox"/>	Had surgery or hospitalized in the last 5 years
<input type="checkbox"/>	Menstrual cramps	<input type="checkbox"/>	Currently under doctor's care
<input type="checkbox"/>	Bleeding disorder	<input type="checkbox"/>	Emotional – Separation Anxiety
<input type="checkbox"/>	Other:		
Please explain in detail all checked answers marked above:			

Girl Name: _____

Allergies: Please list all allergies, the type of reaction and its severity, treatment and date of last reaction. Include allergies to medications, food, bees, animals, plants, etc.

Allergies	Reaction/Severity	Treatment	Date of last Reaction
1.			
2.			
3.			

Does your daughter suffer from Anaphylaxis? Yes No

*Anaphylaxis is a severe allergic reaction marked by swelling of the throat or tongue, hives, and trouble breathing.

Does your daughter carry an Epipen? Yes No

Does your daughter carry an inhaler? Yes No

Medical Conditions (including any precautions or restrictions on activities)

Name of Condition	Effects
1.	
2.	
3.	

Medications: List any medications she is currently taken (or has taken in the recent past) including dosage schedule and specific instructions for use. Also, please indicate (Yes/No) if minor is allowed to take the medication on her own or if she should be monitored by an advisor. This would include any type of birth control.

Medication	Purpose	Dosage Schedule	Specific Instructions	Self-Medicate? (Yes/No)
1.				
2.				
3.				
4.				
5.				

Over-the-Counter Medications: My daughter has permission to take over-the-counter medications in case of accident or injury. Please check all that she has permission to take:

- Tylenol/Acetaminophen
- Aspirin (fever reducer)
- Ibuprofen
(pain/swelling)
- Benadryl/Antihistamine
- Robitussin/expectorant
- Sudafed/decongestant
- Pepto Bismol
- Tums/antacid
- Imodium (anti-diarrhea)
- Dramamine (motion sickness prevention)
- Skin Ointments (in case of rash, antibacterial, athlete's foot, etc.)

Special considerations or notes regarding over-the-counter medications:

- Other: _____
- Other: _____

Does your child have a Special Medical or Dietary Regimen to be followed? Yes No

If so, please explain: _____

Have you ever had any adverse reactions to general anesthetics? Yes No

If so, please explain: _____

Any other information not covered in this form that is important that advisors for this trip know:

Girl Name: _____ Date: _____

(This section is to be completed by a physician after the review of health history with parent/guardian. Parent/Guardian must complete all the information of the Health History to the best of their knowledge and sign before meeting with licensed professional.)

Medical Examination – Must be completed in detail.

Height: _____ Weight: _____ B. P.: _____ / _____ Hearing: R _____ L _____			
Eyes: With Glasses R 20/_____ L 20/_____		Without Glasses R 20/_____ L 20/_____	
Code: S = Satisfactory NS = Not Satisfactory NE = Not Examined			
_____ Nose	_____ Abdomen	_____ Urinalysis [†]	Other: _____
<small>Throat</small>	<small>Uremia</small>	<small>URIC[†]</small>	

Record of Immunization – Must be completed in detail.

	Date Series	Year of		Date Series	Year of
	<u>was</u> Completed	Last Booster		was Completed	Last Booster
Hep B	_____	_____	Typhoid	_____	_____
<u>DTap/Tdap</u>	_____	_____	Paratyphoid	_____	_____
DT/Td	_____	_____	Cholera	_____	_____
Hib	_____	_____	Yellow Fever	_____	_____
IPV/OPV	_____	_____	Typhus	_____	_____
PCV7	_____	_____	Rocky Mountain		

Personal and religious beliefs dictate against immunizations: Yes No

Physician Information

Licensed Physician Name: (Last, First, Middle Initial)	Phone Number:		
Address:	City:	St:	Zip:

This person is in satisfactory condition and may engage in all usual activities, including physically demanding activities except as noted.

Signature of Licensed Physician: _____ State License Number: _____
Date: _____

HEALTH INFORMATION PRIVACY STATEMENT

The Health History and Medical Examination Form for Minors is for health care concerns at the specified event only. All records will be handled by staff/volunteers whose job includes processing or using this information for the benefit of the participant. All medical records will be held in limited access by the health care supervisor for the specific event. Minimal necessary information may be shared with event staff/volunteers in order to provide adequate participant safety and health care. This form will be retained for seven years past the age of maturity of the participant. Access to the information will be limited, but copies may be requested from the event sponsor, by the participant or their legal representative. I have read the above procedures for handling the health and medical form and I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

This Health History and Medical Examination Form for Minors is complete and accurate. My daughter has permission to engage in all prescribed activities, except as noted by me and the examining physician.

Signature of Parent/Guardian: _____ Date: _____

SAMPLE GIRL HEALTH HISTORY RECORD



Girl Health History Record

Girl's Information

name	date of birth	age	troop #
address	city	st	zip
school			
parent/guardian	phone, home	phone, evening	
home address	city	st	zip
business address	phone, work		

Emergency Contact & Insurance/Physician

name	relationship	phone	
address	city	st	zip
physician's name	phone		
insurance provider	policy / group #		

Illnesses & Injuries, Chronic or Recurring Illness

Check all that apply.

- | | | | |
|---|---|---------------------------------------|-----------------------------------|
| <input type="checkbox"/> Ear infection | <input type="checkbox"/> Bleeding / clotting disorder | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Heart defect / disease | <input type="checkbox"/> Musculoskeletal disorder | <input type="checkbox"/> Seizure | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Other: | | | |

date of last health exam	<input type="checkbox"/> Yes, complicated medical problems were noted in last health examination. <input type="checkbox"/> Yes, participant is currently under the care of a physician or psychologist
Since last health exam, participant has had:	<input type="checkbox"/> A serious injury requiring medical attention <input type="checkbox"/> Any prescribed or over-the-counter medication <input type="checkbox"/> Treatment in a hospital or emergency room <input type="checkbox"/> An illness lasting more than five days <input type="checkbox"/> A surgical operation or fracture <input type="checkbox"/> Any restrictions concerning physical activities

Please explain any "yes" to the above questions, including dates:

Allergies

Check all that apply and specify nature of allergic reaction.

<input type="checkbox"/> Animals: <input type="checkbox"/> Insect stings: <input type="checkbox"/> Pollen: <input type="checkbox"/> Medicine / drugs:	<input type="checkbox"/> Plants: <input type="checkbox"/> Food: <input type="checkbox"/> Hay fever: <input type="checkbox"/> Other:
--	--

Other Health Conditions

Check all that apply.

- | | | | |
|---------------------------------------|---|---|---|
| <input type="checkbox"/> Bed wetting | <input type="checkbox"/> Emotional disturbances | <input type="checkbox"/> Motion sickness | <input type="checkbox"/> Sickle cell trait or disease |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Hearing impairment | <input type="checkbox"/> Sleep disturbances | <input type="checkbox"/> Special dietary needs |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Menstrual cramps | <input type="checkbox"/> Wear glasses or contact lenses |
| <input type="checkbox"/> Other: | | | |

Please explain any items that are checked. Indicate any information useful to the adult in charge in relation to any of these health conditions. Indicate any activities to be encouraged or restricted. Please attach additional documentation as needed.

Signatures

I know of no reason(s)—other than the information indicated on this form—why my child should not participate in prescribed activities, except as noted.

parent / guardian signature

date

Emergency Medical Authorization

Purpose: To enable parents and guardians to authorize the provision of emergency treatment for children who become ill or injured while on a Girl Scout activity when parents and guardians cannot be contacted.

I give my consent for emergency medical treatment of my daughter in the emergency room of the nearest hospital and for a certified first aider to provide first aid treatment.

parent / guardian signature

phone

date

page 2 of 2

4300 East Broadway Boulevard, Tucson, AZ 85711 | 520.327.2288 | 800.331.6782 | fax 520.795.3318 | GirlScoutsSoAz.org

GirlHealthHistoryRecord January 2013

SAMPLE WAIVER

Waiver of Liability

PROGRAM _____ **SITE** _____

This release and information form must be filled out completely with current information, signed and turned in before the participant will be allowed to attend the program. Program participation will not be permitted without responsible party signature on this form. This form is for the health and safety of the participant. If some questions do not apply, please indicate with "N/A."

PARTICIPANT'S NAME _____ PHONE _____

RESIDENTIAL ADDRESS _____ ZIP _____

DATE OF BIRTH _____ AGE _____

MALE FEMALE

SCHOOL ATTENDED DURING SCHOOL YEAR (IF APPLICABLE) _____

DOES THE INDIVIDUAL HAVE A DISABILITY THAT REQUIRES ASSISTANCE?

YES

NO

IDENTIFY ANY BEHAVIOR CONCERNS AND HOW TO DEAL WITH THEM _____

LIMITATIONS/RESTRICTIONS (ACTIVITY OR DIET) _____

THIS INDIVIDUAL IS FREE OF INFECTIOUS DISEASE, IS UP TO DATE ON ALL IMMUNIZATIONS AND IS ABLE TO PARTICIPATE IN RECREATION ACTIVITIES (WITH THE LIMITATIONS/RESTRICTIONS LISTED.)

YES

NO

IS PARTICIPANT TAKING MEDICATION?

YES

NO NAME OF MEDICATION _____

WILL MEDICATION BE TAKEN DURING PROGRAM HOURS? If Yes, ask for Separate Medication Form _____ YES

NO ANY MEDICAL CONDITIONS WE SHOULD BE AWARE OF? Allergy? Asthma? Seizures? Diabetes? Other? _____

ANY OTHER INFORMATION THAT WOULD BE HELPFUL TO STAFF? _____

PARENTS/GUARDIAN/SPOUSE (NAME) _____ RELATIONSHIP _____

ADDRESS (IF DIFFERENT) _____

HOME PHONE _____ WORK PHONE _____ PAGER OR MOBILE _____

PARENTS/GUARDIAN/SPOUSE (NAME) _____ RELATIONSHIP _____

ADDRESS (IF DIFFERENT) _____

HOME PHONE _____ WORK PHONE _____ PAGER OR MOBILE _____

PERSON TO NOTIFY IN EMERGENCY (OTHER THAN PARENT/GUARDIAN) _____ PHONE _____

PHYSICIAN'S NAME _____ PHONE _____

MEDICAL COVERAGE _____ GROUP ID # _____ PREFERRED HOSPITAL _____

OVER →

ALTERNATE CONTACTS

(OTHER THAN PARENT/GUARDIAN)

NAME _____ HOME PHONE _____ WORK PHONE _____

NAME _____ HOME PHONE _____ WORK PHONE _____

I hereby give permission for named participant to be transported on field trips.

I do

I do not

Initials

MEDIA RELEASE

I hereby grant the Girl Scouts of Southern Arizona (GSSOAZ) and all the organizations/partnerships associated with Camp Fury (contact the GSSOAZ for a complete list of partners) permission to record my child/ward's or my (if adult participant) likeness and/or voice for use in television, films, radio or printed media to further the aims of the Camp Fury Program in related campaigns and magazine articles, booklets, posters and in other ways they may see fit.

I do

I do not

Initials

EMERGENCY CLAUSE

In the event I cannot be reached in an emergency, I hereby give my permission to employees of GSSOAZ and all the organizations/partnership associated with Camp Fury to secure proper medical care for my child as deemed necessary. This permission extends from minor first aid treatment to (under a doctor's orders) hospitalization, injections, anesthesia, surgery and other medical procedures deemed necessary.

I do

I do not

Initials

RELEASE CLAUSE

The undersigned hereby releases and holds harmless the City of Tucson, its Mayor and Council and any officers, employees or agents thereof, including without limitation the Northwest Fire District, Girl Scouts of America from any and all claims, liabilities or demands whatsoever arising or claimed to have arisen out of the enrollment or participation in any program by the participant herein.

X

SIGNATURE OF RESPONSIBLE PARTY

RELATIONSHIP

DATE

Revised 03

SAMPLE TRANSPORT WAIVER



Consent to Transport Waiver and Release Form

PROGRAM: _____ SITE: _____

This release and information form must be filled out completely with current information, signed and turned in before the participant will be allowed to be transported by **Pima County to the Girls Scouts Camp Furry**. Transportation will not be permitted without responsible party signature on this form.

PERSONAL INFORMATION

Child's name: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip Code _____

Home Phone: _____ Mobile Phone: _____

PARENT/GUARDIAN INFORMATION

Parent or Guardian Name: _____

Residential Address: _____

Parent or Guardian Work Phone: _____ Parent or Guardian Mobile Phone: _____

EMERGENCY/CONTACT INFORMATION

PERSON TO NOTIFY IN CASE OF EMERGENCY (OTHER THAN PARENT)

Name: _____ Phone: _____

Does the child have any special medical condition, disability or health problem of which **Pima County** should be aware of?

TRANSPORTATION WAIVER/RELEASE

I, **the undersigned**, give my consent for _____ (child's name) to be transported by **Pima County Sheriff Department** and will assume all liability for my child's participation in this activity/event and any injury that may result during the transport or at the event/activity.

Further, by signing below:

1. I will not hold **Pima County**, its officers, agents, employees, assigns or anyone acting on its behalf, responsible or liable for injury occurring to the named person in the course of such activities or such travel.
2. I hereby accept financial responsibility for personal items lost by my child.
3. I authorize **Pima County Sheriff Department** to transport and to obtain, through a physician of its own choice, any emergency medical care if becomes reasonably necessary in the course of such activities/events or such travel, and agree to accept the cost of the transportation and/or treatment by medical personnel or facility.

This Waiver and Release will be valid for all transportation occurring as of and after the date below. This Waiver and Release is valid from _____ through _____
(Date) (Date)

Signed this _____ day of _____, 20____ Signature: _____

Print Name/Relationship: _____

SAMPLE BROCHURE



Resident Camp

Open House at Camp Whispering Pines
May 23rd 1-4pm Come join us for a pre-camp get together where you can meet camp staff and ask all the questions you were thinking about when considering signing your camper up for resident camp. Take a guided tour, have a tasty snack, enjoy the cool mountain air and get excited for the summer! Kids can make a fun craft to take home and can enter a drawing for a free week at camp!

CAMP FURY
May 26 - 30 • Ages 14 - 18 • \$320, \$50 non-refundable deposit •
Location: Fire Department Public Safety Academy Tucson
Teenage girls join the ranks of those who ensure public safety for our communities. In this five-day, four-night experience, girls train alongside firefighters and law enforcement personnel to learn search and rescue skills, crime scene investigation techniques, and perform physical fitness drills. Meet women who are breaking down barriers and stereotypes in these non-traditional career fields. At the end of camp, accomplishments are recognized in a graduation ceremony with family and friends.

CATCHING FURY
June 27, 2015 • 9am-6pm • \$30 • Ages 11-14
Location: Public Service Academy Tucson
Cadettes can experience a hands on, sneak peek into Camp Fury in this all-day camp! Gear up and work alongside the elite women from Southern Arizona's fire and police services. Girls will gain leadership and team building skills, have a blast, and make new friends!



SAMPLE FLYERS



girl scouts
of southern arizona

Girl Scouts of Southern Arizona
4300 E. Broadway Blvd. | Tucson, AZ 85711
520-327-2288 | 1 800-331-6782
GirlScoutsSoAz.org



When June 6–9, 2012
Where City of Tucson
Public Training Academy
Who Girls, grades 9–12
Cost \$150, Scholarships available

Presented in partnership with Tucson area Fire Departments






Join us for our third Camp Fury! This camp will provide **hands-on** learning. Perform **firefighting** skills with fire department equipment and gear. Learn about emergency preparedness and work towards earning a badge. The goal of Fire Camp is to build **teamwork, self confidence** and respect.

For more info:
Ellen Pott, 520.319.3151, epott@girlscoutssoaz.org

Please return this form with your payment by May 25, 2012 to:
Girl Scouts of Southern Arizona | 4300 E. Broadway Blvd. | Tucson, AZ 85711



Girl's Name		Date of Birth	Grade
Parent/Guardian Name			
Address			
City		Zip	
Daytime Phone	Evening Phone	Cell Phone	
E-mail		Best time to contact me	
Any allergies or medical conditions			
Parent/Guardian Signature		Date	
Emergency Contact Name		Phone	
<input type="checkbox"/> The council or City of Tucson may reproduce any artwork, photo images, or video taken of my child for Girl Scout or City of Tucson publicity purposes.			
Payment <input type="checkbox"/> I would like information on Opportunity Fund assistance			
<input type="checkbox"/> Money order or check made payable to "SGSC" (a \$20 fee plus collection costs will be applied to all returned checks.)			
<input type="checkbox"/> Credit card (mandatory for online or faxed reservations) VISA • Mastercard • Discover			
Card holder's name as it appears on card		Total to be charged	
Account number	CCID	Expiration date	
Signature		Date signed	



CAMP FURY

May 28-June 1 | Resident Camp

Join the ranks of those who stand in the line of fire to ensure public safety for our communities. In this **5-day, 4-night experience** you'll be training alongside firefighters and law enforcement personnel to learn search and rescue skills, crime scene investigation techniques, and perform physical fitness drill. After a long day, you'll relax at the Hacienda as we enjoy yoga, pool-time, and s'mores over an open campfire. End the week at a **recognition ceremony** acknowledging your achievements!

Ages 15-17 (entering grades 9-12)
\$290, \$50 nonrefundable deposit



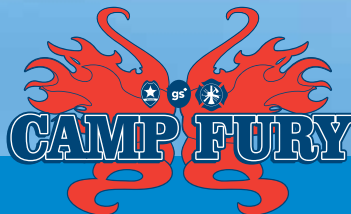
For more info:
Ellen Pott, 520.319.3151,
epott@girlscoutsssoaz.org

Presented in
partnership
with Tucson
Fire & Police
Departments





It's possible.



Join us in breaking through stereotypes.
REGISTER TODAY
for May 27-31, 2014!

Info: Ellen Pott
epott@girlscoutssoaz.org | 520.319.3151
facebook.com/CampFury



A collaborative program developed by

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**Leadership. Teamwork.
Respect. Self-confidence.**

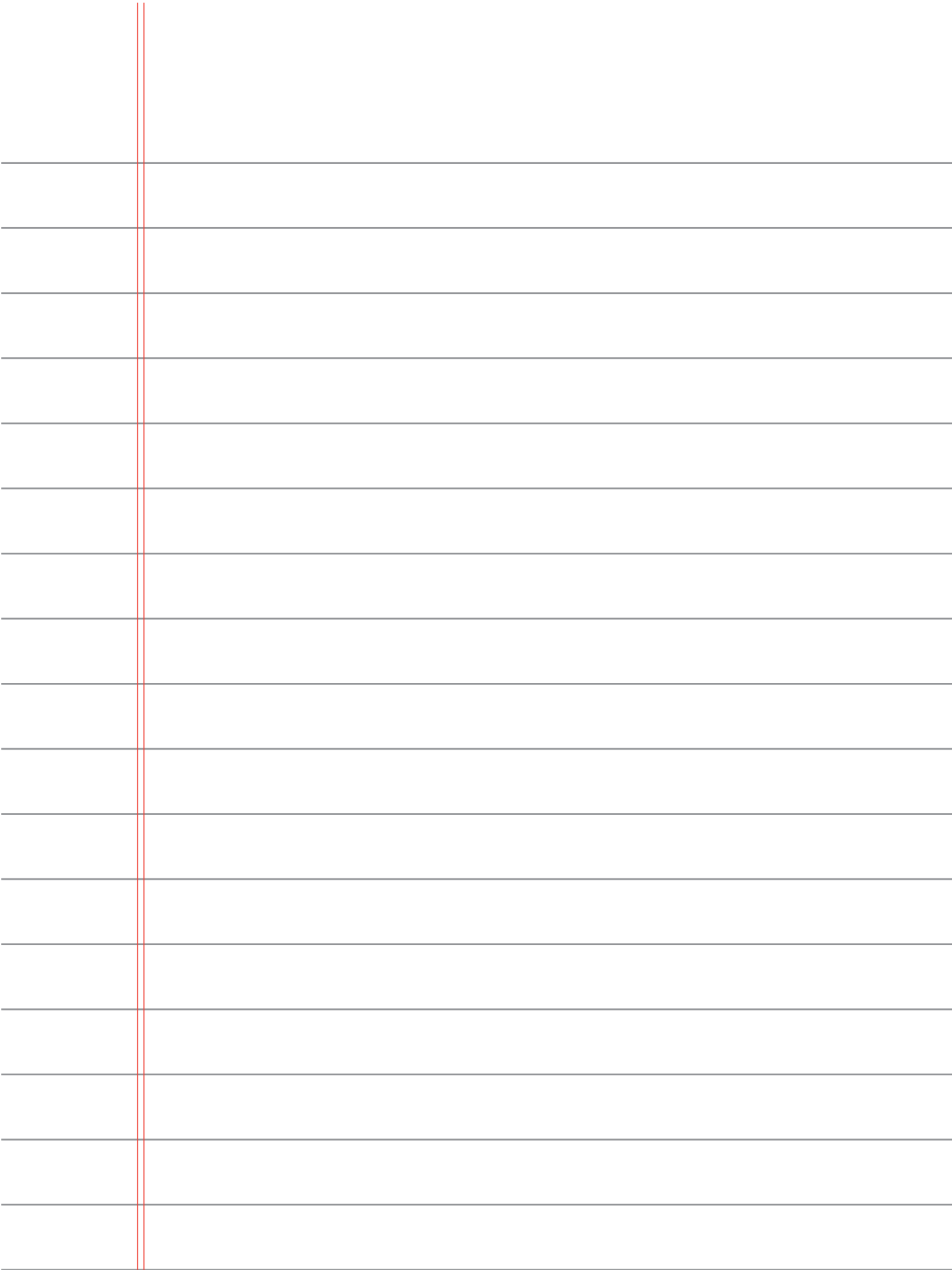


If you're a teenage girl, 14-18, you can join the ranks of those who ensure public safety for our communities. In this 5-day, 4-night experience, you will train alongside firefighters and law enforcement personnel to learn search-and-rescue skills, crime scene investigation techniques, and perform physical fitness drills.

You'll also meet women who are breaking down barriers and stereotypes in these male-dominated career fields. The hands-on activities promote the development of leadership skills, teamwork, respect and self-confidence.









**COURAGE
CONFIDENCE
CHARACTER**

**COURAGE
CONFIDENCE
CHARACTER**

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**COURAGE
CONFIDENCE
CHARACTER**

