# PTSD \& FIREFIGHTERS 

Out Of 624 Male Career Firefighters Nationwide, Around 7\% Met The Criteria for Current PTSD Assessed by the PCL-C.

\section*{TOP <br>  <br> | FIRE |
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Mental Health Diagnosis

Approximately 87\% of firefighters with PTSD screened positive for at least one mental health conditions.

Firefighters with PTSD were more likely to have higher numbers of simultaneously present mental health issues when compared to those who did not diagnose with PTSD.

## In Firefighters with PTSD:

O Major Depressive
Disorder
O Probable Alcohol Abuse /Dependence

O Somatic Symptoms Disorder
O Other Anxiety Disorder
O Panic Disorder

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## OCCUPATIONAL OUTCOMES

Firefighters Who Screened Positive For PTSD Reported Having:
H Higher Occupational Stress
2. Higher Duty-related Incident Stress


Lower Perception of Their Self-efficacy to Manage Stress or Trauma Exposure

$\checkmark$Lower Perception of Support from Their Fire Department JOB SATISFACTION
 Firefighters with PTSD:
© Were Not Optimistic about Their Future Success
®)
Were Not Satisfied with Their Job in Their Department
© Less Likely to Recommend a Career in the Fire Service to Others

Produced by:


